

WESTERLY

Deli + Juice Bar

We are open 7 days a week!

Mon - Fri 7am to Midnight
Saturday 8am to Midnight
Sunday: 9am to Midnight

**FREE LOCAL DELIVERY
MINIMUM ORDER \$35.00**

W 66th St to W 42nd St/ 6th Ave to 11th Ave

Westerly Shops For You:

To place an order: Minimum \$35.00
“anything in the store”

Order Hrs: Mon - Sun 11am - 7pm
Email: westerlydelivery@verizon.net
Fax: 212 586 2778

ALL MAJOR CREDIT CARDS ARE ACCEPTED



**911-913 8th Avenue
New York NY 10019
212 586 5262**



Sandwiches, Wraps & Panini's

All sandwiches are made with Eli's Bread, Lettuce, Tomato, Alfalfa Sprouts & Mayo

ROAST BEEF & SWISS

ROASTED CHICKEN BREAST w/ CHEDDAR

ROASTED CHICKEN BREAST w/ MOZZERELLA

ROASTED CHICKEN BREAT w/ SWISS

ROASTED TURKEY BREAST w/ CHEDDAR

ROASTED TURKEY BREAST w/ MOZZERELLA

ROASTED TURKEY BREAT w/ SWISS

ROASTED CHICKEN or TURKEY BREAST

HONEY HAM & SWISS

GRILLED TURKEY CHEDDAR

PEANUT BUTTER & JELLY

TURKEY BURGER

VEGAN BB-Q TOFU SALAD SANDWICH

VEGAN TURKEY SALAD SANDWICH

VEGAN SUNDRIED TOMATO SALAD SANDWICH

VEGAN CHICKEN SALAD SANDWICH

VEGAN TOFU SALAD SANDWICH

VEGETARIAN CHICKEN SANDWICH

VEGETARIAN TURKEY SANDWICH

VEGETARIAN CHICKEN w/ SOY CHEESE

VEGETARIAN TURKEY w/ SOY CHEESE

VEGETABLE GARDEN BURGER DELUXE

VEGGIE BURGER

EGG SALAD SANDWICH

TUNA SALAD SANDWICH

MEDITERRANEAN TUNA SALAD SANDWICH

SMOKED TUNA SALAD SANDWICH

CHICKEN SALAD SANDWICH

SALMON SALAD SANDWICH

CURRY CHICKEN SALAD SANDWICH

HONEY CHICKEN SALAD SANDWICH

SHRIMP SALAD SANDWICH

BALSAMIC CHICKEN WRAP

CHICKEN FAJITA WRAP

GRILLED CHICKEN w/ SPINACH FETA WRAP

GRILLED CHICKEN CAESAR WRAP

GRILLED VEGETABLE WRAP

GRILLED CHICKEN & VEGTABLE WRAP

CHICKEN PARMAGIAN WRAP

TURKEY MUENSTER DIJON WRAP

TUNA FISH WRAP

TURKEY CLUB WRAP

SOUTHWEST CHICKEN WRAP

ROASTED PEPPER & MOZZERELLA CHICKEN

VEGETARIAN PANINI

EGGPLANT PANINI



Fresh Salad's

All salads are prepared with fresh organic produce

GRILLED CHICKEN SALAD

green leaf lettuce, shredded parmesan cheese, chicken breast, croutons

COBB'S SALAD

green leaf lettuce, blue cheese, cucumber, egg, applegate roasted turkey

CHEF SALAD

green leaf lettuce, cheddar cheese, swiss cheese, applegate's roasted chicken, hard boiled egg, cherry tomato

FALAFEL SALAD

green leaf lettuce, falafel, cherry tomato, red pepper hummus, original hummus, taboule salad

GREEN DELIGHT SALAD

green leaf lettuce, alfalfa sprouts, baby carrots, red bell pepper, red cabbage, cherry tomato

TUNA SALAD

green leaf lettuce, cucumber, tomato tuna fish (tuna, mayo, onions, celery, lemon juice, pepper, salt)

GREEK SALAD

green leaf lettuce, feta cheese, tomatoes, cucumbers, stuffed grape leaves

HARVEST SALAD

green leaf lettuce, walnuts, dried sweetened cranberries, olives, feta cheese, cherry tomato

MOZZERELLA SALAD

green leaf lettuce, fresh mozzarella, tomato, basil

BLUE LAGOON SALAD

green leaf lettuce, walnuts, dried sweetened cranberries, blueberries, blue cheese, cherry tomato

WILD ALASKAN BAKED SALMON SALAD

green leaf lettuce, tomato, cucumbers, onion, lemon, salmon, marinade

CHICKEN CUTLET w/ PARMESAN & CROUTON

green leaf lettuce, shredded parmesan cheese, breaded chicken cutlet, croutons

Choose a dressing

Creamy French
Creamy Ranch
Balsamic Vinaigrette
Creamy Caesar

BALSAMIC ROSEMARY CHICKEN SALAD

green leaf lettuce, shredded parmesan cheese, rosemary, cherry tomato, bell & evans chicken breast, balsamic vinegar, canola oil, spices, croutons

Choose a dressing

Creamy French
Creamy Ranch
Balsamic Vinaigrette
Creamy Caesar

BLACK BEAN SALAD

CHICKPEA SALAD

QUINOA SALAD

TABOULE SALAD

MIXED FRUIT SALAD

CANTALOUPE BOWL

WATERMELON BOWL



Vegan Delights

RAINBOW DUMPLINGS
SZECHUAN COMBO DUMPLINGS
TOKYO COMBO DUMPLINGS
PAD THAI NOODLES
BUCKWHEAT SOBA NOODLES
BLACK PEPPER WHOLE WHEAT NOODLES
CHICKEN w/ SPINACH
GOURMET DUMPLINGS
SPICY GOURMET DUMPLINGS
AVOCADO BLT WRAP

BLACK BEAN EMPANADA
BREAKFAST EMPANADA
COLOMBIAN EMPANADA
QUINOA & CURRIED KALE
VEGAN TOFU SALAD SANDWICH
WHOLE WHEAT LASAGNA
SESAME TOFU w/ QUINOA
BROCCOLI CROQUETTE
SESAME TOFU w/ QUINOA
QUINOA & CURRIED KALE

TASTE OF ETHOPHIA GOMEN
TASTE OF ETHOPHIA KIK

TASTE OF ETHOPHIA MISIR
TASTE OF ETHOPHIA TEKELE GOMEN

Dippers & Hummus

FALAFEL & TAHINI DIPPER
BLACK BEAN DIP 8 oz
ARTICHOKE 8 oz & 16 oz
KALAMATA OLIVES
STUFFED GRAPE LEAVES
GUACOMOLE 8 oz

ORIGINAL HUMMUS 8 oz & 16 oz
GARLIC HUMMUS 8 oz & 16 oz
JALAPENO HUMMUS 8 oz & 16 oz
ZESTY LEMON HUMMUS 8 oz & 16 oz
RED PEPPER HUMMUS 8 oz & 16 oz

Cold Soups

BEEF STEW
CARROT GINGER
CHICKEN NOODLE
CHIPOTLE SWEET POTATO
GRILLED CHICKEN & CORN CHOWDER
CHICKEN STEW
ITALIAN STYLE WEDDING SOUP w/ MEATBALLS
LENTILS
MARYLAND VEGETABLE CRAB
MEDITERRANEAN GRILLED EGGPLANT

MINISTRONE
CHICKEN RICE SOUP w/ VEGETABLES
ROASTED VEGETABLES
THREE BEAN CHILI
THAI CHICKEN w/ RED CURRY
TURKEY CHILI w/ BEANS
TOMATO SOUP w/ GARDEN VEGETABLES
VEGETARIAN VEGETABLES
WHITE BEAN CHICKEN CHILI w/ CILANTRO
WHITE BEAN ESCAROLE

Raw Living Foods

BEET SALAD
CARROT SALAD
MOCK CRAB SALAD
GREEK SALAD
MOCK SALMON SALAD SANDWICH
MOCK TUNA SALAD SANDWICH
MANGO AVOCADO SALAD
TOMATO AVOCADO SALAD

CRAB SALAD SANDWICH
MOCK PIZZA
MANGO CUCUMBER SALAD
ZUCCHINI PASTA PESTO
SPIRULINA EARTH PIE
SPIRULINA EARTH MINT PIE
MOCK FALAFEL SALAD
GREEN KALE SALAD

Raw Sushi

SALMON ROLL

salmon, sesame seeds, brown rice, nori

MUSHROOM ROLL

mushroom, avocado, carrots, brown rice, nori

DRAGON ROLL

avocado, cucumber, spicy tuna, brown rice, nori

SALMON & AVOCADO ROLL

avocado, cucumber, salmon, brown rice, nori

CALIFORNIA ROLL

avocado, cucumber, crab meat, sesame seeds, brown rice, nori

VEGETABLE ROLL

avocado, cucumber, carrots, sesame seeds, brown rice, nori

VEGETABLE COMBO ROLL

avocado, shitake mushroom, carrots, cucumber, sesame seeds, ginger, wasabi, brown rice, nori

RAINBOW ROLL

avocado, cucumber, tuna, salmon, white fish, crab, sesame seeds, brown rice, nori

CUCUMBER ROLL

avocado, cucumber, sesame seeds, brown rice, nori

SWEET POTATO ROLL

sweet potato, sesame seeds, brown rice, nori

MAKI COMBO ROLL

Salmon, avocado, shitake mushroom, carrots, cucumber, sesame seeds ginger, brown sugar, wasabi, brown rice, nori

Beverages

ALL NATURAL ALMOND IRISH MOSS
ALL NATURAL COCONUT IRISH MOSS
ALL NATURAL HEMP IRISH MOSS
ALL NATURAL MANGO/LEMON CHIA

ALL NATURAL PINNEAPPLE/PAPAYA CHIA
ALL NATURAL CASHEW MILK
ALL NATURAL LEMON GINGER SPLASH

Juice Bar

“Organic Produce in your Juice”

VEGGIE & FRUIT JUICE 16 & 20oz Size

ONLY GREEN MIX

spinach, kale, celery, cucumber, parsley, collards

BLOOD BUILDER

carrots, apples, beets, spinach, dandelion

TANGY CUKE BREEZE

apples, cucumber, lemon, ginger

CARROT JUICE

pure carrot puree

THE GREEN SMILE

cucumber, celery, parsley, apple, lemon

CLEANSER JUICE

carrots, apples, beets, lemon, ginger

GREEN LEMONADE

celery, kale, apple, lemon, ginger

VEGGY COOLER

carrots, cucumber, celery, apple, lemon

MORNING TONIC

apple, celery, grapefruit

INNER CLEANSE

apple, grapefruit, lemon, beets, cayenne

GRAPEFRUIT JUICE

pure grapefruit

MINERAL MADDNESS

carrots, celery, apple, spinach, lemon

ALKALINE BUILDER

spinach, cucumber, celery, carrots, apples

PROTEIN & COCONUT SHAKES 20oz Size

AREIL'S TROPICAL COCONUT SHAKE

coconut water w/ meat, spirulina, strawberries, blueberries, banana, bee pollen

QUEEN BEE

almond butter, banana, spirulina, bee pollen w/ rice, soy or hemp milk

MACA FIRE-CRACKER

young coconut w/ meat, cinnamon, agave, cayenne, maca powder

GREEN NUT SHAKE

green raw power, goji berries, cacao powder, almond butter, cinnamon, hemp milk

COCONUT SHAKE (meat & water blended)

WE ALSO CAN CUT OPEN YOUR COCONUT

WHEAT GRASS

1 oz & 2 oz Sizes

YOU CAN ADD EXTRA INGREDIENTS FOR AN ADDITIONAL CHARGE: PRICES VARIES

ALL JUICES ARE CUSTOMIZED - “THERE ARE NO SUBSTITUTIONS”

SERVICE CHARGE \$5.00 (WHATEVER PRODUCE YOU BUY IN-STORE WE WILL PREP THEM FOR THE SERVICE CHARGE FEE)