# HOT SOUP SCHEDULE

**EVERYDAY STARTING AT 10AM**

**MONDAY**
- **BEEF STEW**
  - CHICKEN & DUMPLINGS
  - CHICKEN NOODLE
  - CHICKEN & ROASTED CORN CHOWDER
  - MARYLAND VEGETABLE CRAB
  - QUINOA SWEET POTATO w/ BLACK BEANS
  - RED LENTILS w/ ZUCCHINI & SPINACH
  - ROASTED VEGETABLES
  - SEAFOOD CHOWDER
  - THREE BEAN CHILI
  - TOMATO SOUP w/ GARDEN VEGETABLES
  - WHITE CHICKEN CHILI w/ CILANTRO

**TUESDAY**
- **BEEF STEW**
  - CARIBBEAN JERK CHICKEN
  - CHICKEN NOODLE
  - CHICKEN & ROASTED CORN CHOWDER
  - HUNGARIAN MUSHROOM LENTILS
  - MOROCCAN LENTILS STEW w/ HARISSA
  - NEW ENGLAND CLAM CHOWDER
  - QUINOA SWEET POTATO w/ BLACK BEANS
  - ROASTED VEGETABLES
  - TURKEY CHILI w/ BEANS
  - WHITE BEAN ESCAROLE

**WEDNESDAY**
- **BEEF STEW**
  - CARIBBEAN JERK CHICKEN
  - CHICKEN NOODLE
  - CHICKEN & ROASTED CORN CHOWDER
  - HUNGARIAN MUSHROOM LENTILS
  - MOROCCAN LENTILS STEW w/ ZUCCHINI & SPINACH
  - ROASTED VEGETABLES
  - TURKEY CHILI w/ BEANS
  - WHITE BEAN ESCAROLE

**THURSDAY**
- **BEEF STEW**
  - CARIBBEAN JERK CHICKEN
  - CHICKEN NOODLE
  - CHICKEN & ROASTED CORN CHOWDER
  - HUNGARIAN MUSHROOM LENTILS
  - MOROCCAN LENTILS STEW w/ HARISSA
  - NEW ENGLAND CLAM CHOWDER
  - QUINOA SWEET POTATO w/ BLACK BEANS
  - ROASTED VEGETABLES
  - TURKEY CHILI w/ BEANS
  - WHITE BEAN ESCAROLE

**FRIDAY**
- **ANGUS STEAK CHILI** w/ BEANS
- **BEEF STEW**
- **BLACK LENTILS w/ ROASTED GARLIC**
- **CARIBBEAN JERK CHICKEN**
- **CHICKEN NOODLE**
- **CHICKEN & ROASTED CORN CHOWDER**
- **LENTILS**
- **MOROCCAN LENTILS STEW w/ HARISSA**
- **ORGANIC SPLIT PEA & KALE**
- **QUINOA SWEET POTATO w/ BLACK BEANS**
- **RED LENTILS w/ ZUCCHINI & SPINACH**
- **ROASTED VEGETABLES
  - SHRIMP & SAUSAGE GUMBO**
- **TURKEY CHILI w/ BEANS
  - WHITE BEAN ESCAROLE**

**SATURDAY**
- **BEEF STEW**
- **BLACK LENTILS w/ ROASTED GARLIC**
- **CARIBBEAN JERK CHICKEN**
- **CHICKEN NOODLE**
- **CHICKEN & ROASTED CORN CHOWDER**
- **LENTILS**
- **MOROCCAN LENTILS STEW w/ HARISSA**
- **NEW ENGLAND CLAM CHOWDER**
- **QUINOA SWEET POTATO w/ BLACK BEANS**
- **RED LENTILS w/ ZUCCHINI & SPINACH**
- **ROASTED VEGETABLES
  - TURKEY CHILI w/ BEANS**
- **WHITE BEAN ESCAROLE**

**SUNDAY**
- **BEEF STEW**
- **BLACK LENTILS w/ ROASTED GARLIC**
- **CARIBBEAN JERK CHICKEN**
- **CHICKEN NOODLE**
- **CHICKEN & ROASTED CORN CHOWDER**
- **LENTILS**
- **MOROCCAN LENTILS STEW w/ HARISSA**
- **ORGANIC SPLIT PEA & KALE**
- **QUINOA SWEET POTATO w/ BLACK BEANS**
- **RED LENTILS w/ ZUCCHINI & SPINACH**
- **ROASTED VEGETABLES
  - TURKEY CHILI w/ BEANS**
- **WHITE BEAN ESCAROLE**

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**OCCASIONALLY SOUPS ON THE SCHEDULE MAY BE OUT OF STOCK FOR THE DAY. WE WILL THEN SUBSTITUTE WITH ANOTHER SOUP OPTION. CRACKERS & SPOONS WILL BE AT THE FRONT END COUNTER.**

**ORGANIC BROWN RICE SERVED DAILY!**